



As a qualitative research firm, Fusion Hill is always trying to understand what drives people to do what they do, what similarities connect humans around the globe, and what traits distinguish individuals and make them unique. With these goals in mind, we're asking people from all different backgrounds and corners of the world to answer one question:

WHAT PIECE OF ADVICE WOULD YOU GIVE YOUR 15-YEAR-OLD SELF?

We want to hear from you!

Please submit your response to quotetoself@fusionhill.com and be sure to include the following:

1) FIRST NAME:

2) DATE OF BIRTH:

3) YOUR PIECE OF ADVICE:

4) THE CITY/STATE/COUNTRY YOU CURRENTLY LIVE IN:

5) THE CITY/STATE/COUNTRY YOU LIVED IN WHEN YOU WERE 15:

6) INSTAGRAM HANDLE IF YOU'RE INTERESTED IN BEING TAGGED ON SOCIAL MEDIA:

IN ADDITION:

7) PLEASE ATTACH WITH YOUR FORM AN IMAGE OF YOUR 15-YEAR-OLD SELF.

OPTIONAL:

8) AN ATTACHED PHOTO OF YOUR CURRENT SELF.

9) AN ATTACHED PHOTO OF A PERSONAL ITEM THAT REPRESENTS THE ADVICE YOU WOULD GIVE YOUR 15-YEAR-OLD SELF. PLEASE EXPLAIN HOW THE ITEM REFLECTS YOUR ADVICE:

What is Fusion Hill going to do with this information?

Throughout 2019, Fusion Hill will collect responses with the goal of not only uncovering key human truths but also showcasing the beauty of individuality. We will feature individual stories on our Instagram account ([@FH_QuotetoSelf](https://www.instagram.com/FH_QuotetoSelf)) throughout the year and publish a full report in fall 2019. Follow us to see if your story is featured!

Disclaimer: I allow Fusion Hill to publicly publish my responses as outlined above.

SIGNATURE:

TODAY'S DATE:

